

## Baby Poop Colors:

What's Normal and What's Not

### Normal



**Black**  
for newborns



**Brown**  
after introducing solids



**Yellow**  
breastfed



**Orange**  
breastfed OR formula-fed



**Tan**  
formula-fed



**Green**  
formula-fed

### Warning colors

Call your doc!



**Dark Green,  
Mucus-y Streaks**

May indicate an infection



**Red**  
May be blood or  
a milk protein allergy



**White or Gray**  
Possible liver problem